

SPOTLIGHT

SHADOW FLOWER QUILT

Nº 09.23.10
PROJECT SHEET



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SHADOW FLOWER QUILT



INTERMEDIATE

WHAT YOU'LL NEED

- 30cm of each Shadow Flowers Blender in Marina, Ruby, Mustard, Aqua, Lime Green and Bubble Gum for flower petals
- 1m Shadow Flowers Blender Black for flower centres and 2nd border
- 1m Shadow Flowers Blender White for background and 1st border
- 1m of Shadow Flowers Blender Lilac for Squares Blocks and 3rd border
- 60cm - Binding fabric
- 3m - Backing fabric
- 1.5 metres cotton/polyester batting
- Matching Gutterman 100% cotton thread
- Rotary cutter, mat and quilters ruler
- Quilting pins
- Tape measure
- Scissors
- Seam ripper
- Hand sewing needle
- Sewing machine foot and walking foot
- Marking pen
- A4 copy paper for foundation blocks

Note: All fabric should be 100% cotton, washed and pressed.

¼" seam allowance is used throughout unless indicated.

A shortened machine stitch length of about 1.6 is required for the FPP component.

Please read all instructions carefully before commencing the quilt.

INSTRUCTIONS

Terms:

WOF – Width of Fabric

FPP – Foundation Paper Piecing

Cutting Instructions:

Shadow Flowers Blender in Marina, Ruby, Mustard, Aqua, Lime Green and Bubble Gum:

Cut 2 x 2.5" strips from WOF from each fabric.

Crosscut to create 4" long pieces.

Separate into groups of 4 so that you have 4 x 4 groups for each colour.

Shadow Flowers Blender Black:

Cut 5 x 1" wide strips from WOF. Crosscut to create 2" long pieces. A total of 100 pieces is required.

Cut 4 x 1.5" wide strips from WOF for 2nd border.

Shadow Flowers Blender White:

Cut 8 x 2.5 wide strips from WOF. Crosscut to create 1.5" long pieces for background in flower petals. A total of 200 pieces is required.

Cut 5 x 4.5" wide strips from WOF and cross cut to yield 40 x 4.5" squares to be used in both the Flower Blocks and Squares Blocks.

Cut 4 x 3" wide strips from WOF to be used for 1st border.

Shadow Flowers Blender Lilac:

Cut 2 x 4.5" wide strips from WOF and cross cut to yield 16 x 4.5" squares to be used in the Squares Blocks.

Cut 6 x 4.5" wide strips from WOF to be used for the 3rd border.

Binding fabric:

Cut 5 x 2.5" wide strips from WOF.

Flower Block (Refer Diagram)

Each flower is made up of 4 x 2.5" petals (see Diagram 1).

Each petal block is sewn together using the FPP method.

You will require a total of 25 flowers.

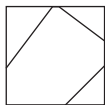
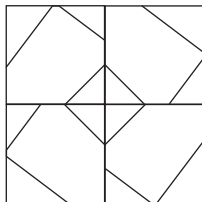


Diagram 1

Squares Block (Refer Diagram)

Each squares block is made up of 4.5" squares of the Shadow Flowers Blender White and Lilac.



Step 1 - Print enough foundation squares to create 100 petals. You will require 4 of each petal fabric colour to make up one flower block. 25 flower blocks in total.

Step 2 - Using the FPP method, sew the petals starting by pinning the petal fabric onto the block. Add the centre and background pieces following the sewing lines on the foundation paper. Repeat this process for a total of 100 petal squares. Press.

Step 3 - Using your rotary cutter, trim all sides back to the outside line on the foundation paper. Your petal should measure 2.5" square.

Step 4 - With papers intact and referring to Diagram 1 join each 4 matching petals to create a 4.5" x 4.5" flower.

Step 5 - Remove the paper from the 1/4" seam you have sewn as this will reduce bulk when you are pressing the seams. Keep

remaining papers intact. Press seams.

Step 6 - Check that the size of your flower is 4.5" square and carefully trim if necessary.

Flower Block

Step 7 - Referring to the Flower Block Diagram, sew together flower blocks and background squares to create a 12.5" square.

Step 8 - Repeat this process to create a total of 5 Flower blocks.

Squares Block

Step 9 - Using 5 x 4.5" background squares and 4 x coloured 4.5" squares, sew together to create a 12.5" square referring to the Squares Block Diagram. Press seams as you go.

Step 10 - Repeat this process to create a total of 4 Squares blocks.

Step 11 - Lay your Flower and Squares blocks out as per the Quilt Layout Diagram and in a pleasing manner for flower colours. Following the Quilt Layout and keeping your blocks in order, sew the first row together. Press seams to one side.

Step 12 - Repeat the step above for the remaining rows.

Step 13 - Again following the Quilt Layout, sew your rows together creating your quilt top.

Step 14 - Border 1 - Gather your 4 x Shadow Flower Blender White fabric strips (3" wide). Cut 2 x 36.5" long. These are your top and bottom borders. Join to each end of the quilt. Press seams.

Step 15 - Cut the remaining two strips at 41.5" long. These are your side borders. Join to each side of the quilt. Press seams.

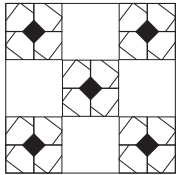
Step 16 - Following the same process as the previous border, gather your 4 x Shadow Flower Blender Black fabric strips (1.5" wide). Cut 2 x 41.5" long. These are your top and bottom borders. Join to each end of the quilt. Press seams.

Step 17 - Cut the remaining two strips at 43.5" long. These are your side borders. Join to each side of the quilt. Press seams.

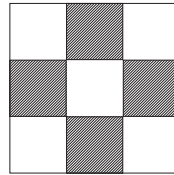
Step 18 - Following the same process as the previous borders, gather your 6 x Shadow Flower Blender Lilac fabric strips (4.5" wide). Cut 2 x 43.5" long. These are your top and bottom borders. Join to each end of the quilt. Press seams.

Step 19 - Join the remaining strips to enable you to cut the two side strips at 51.5 long each.

Step 20 - Attach the two side border strips

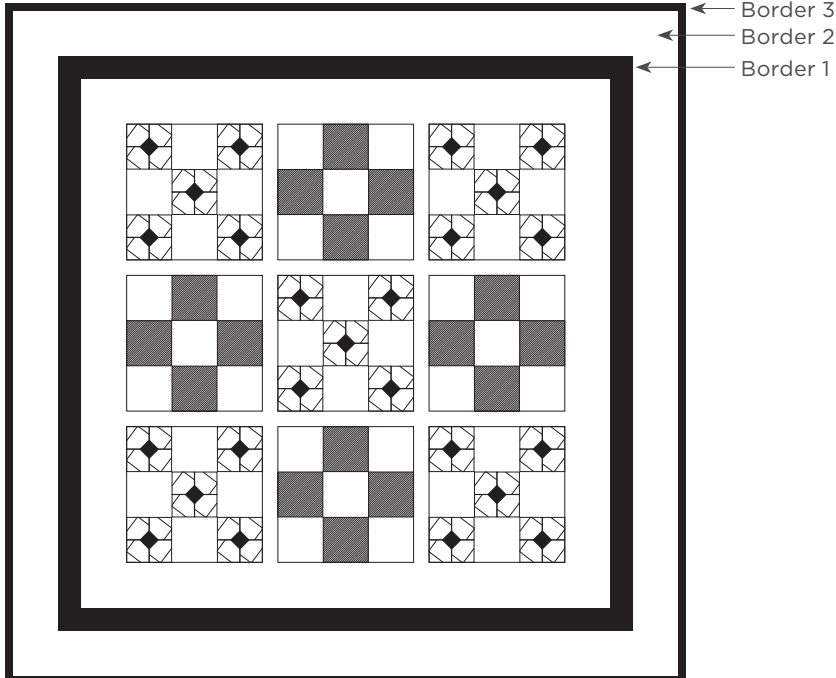


-Flower Block



-Squares Block

Quilt Layout



to the quilt top. Press seams.

Step 21 - Carefully remove all papers from your flowers. Press quilt top.

Quilt top is now complete!

Step 22 - Cut backing fabric in half so that you have two 1.5m lengths. Join on the long side to create a large backing piece. Press seams.

Step 23 - Lay the backing, batting and quilt top. Baste together. Quilt as desired.

Step 24 - Join binding strips, fold in half and iron. Sew binding around quilt.

FOUNDATION PAPERS

