

NOSE WIRE MASK



e EASY

WHAT YOU'LL NEED

- 30cm cotton fabric
- Pair of scissors
- Pins
- · Iron and ironing board
- Measuring tape
- Wire or Pipe Cleaners
- Pliers
- 2 x 22cm pieces of elastic
- Filter or tissue.

INSTRUCTIONS

- Step 1 Download and trace around template onto fabrics. You will need 2 pieces for each laver.
- Step 2 With right sides together sew along the curved edge with a 1cm seam allowance then snip into the seam so it will sit nicely when finished.
- Step 3 Press seams on each layer to one side and top stitch in place with a 3mm seam allowance.
- Step 4 On the lining piece, double fold the edges over 3mm and sew in place.
- Step 5 Cut a bias piece of fabric 5cm wide by 15cm long. Fold the short edges in 5mm and then fold the piece in half-length ways. Pin in place.
- Step 6 Sew the ends together with a 3mm seam allowance leaving the long edge open.
- **Step 7** Line up the raw edge of the bias strip with the top edge of the lining piece and pin in place.
- Step 8 Top stitch along the bottom edge of the bias strip with a 3mm seam allowance and leave the pins in place.
- Step 9 With right sides facing in, lay the outer layer of the mask over the lining and re-pin the edge so the bias strip is in the same position.

- Step 10 Sew together the top and bottom edges of the mask, sandwiching the bias piece in between the layers.
- Step 11 Turn the mask right side out and fold under the raw edges of the outer layer and pin in place.
- Step 12 Top stitch along the top and bottom edges of the mask with a 3mm seam allowance.
- **Step 13** Double fold the outer layer edges back to create the casing for the elastic. Pin and sew in place.
- Step 14 Cut 2 pieces of elastic 22cm long and thread them through the casing at each end using a safety pin. Sew the ends of the elastic together to secure.
- Step 15 To make the wire piece, cut 3 x 15cm strands of wire and twist together to create 1 strong piece of wire. Use pliers to bend the ends in so there are no sharp edaes.
- **Step 16** Carefully thread the wire through the nose case until all the wire is covered by the fabric.
- Step 17 Place filter or tissue in the mask pocket.
- Step 18 Try your mask on and bend the wire into place so that it sits comfortably on vour nose. Now your mask is complete!





