

SPOTLIGHT

**ADJUSTABLE
& REVERSIBLE
FACE MASK**

PROJECT SHEET



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ADJUSTABLE & REVERSIBLE FACE MASK

e EASY

WHAT YOU'LL NEED

- 30cm of 2 types of cotton fabric
- Scissors
- Pins
- Iron and Ironing Board
- Cord Puller
- Filter or tissue
- Safety pin

INSTRUCTIONS

Step 1 – Download template and cut out 2 pieces of fabric for each layer.

Step 2 – Match right sides of each piece together and sew along curved edge with a 1cm seam allowance.

Step 3 – Snip into seam allowance of the curved seams and press to one side.

Step 4 – Top stitch the seam allowance down along the centre seam of each layer.

Step 5 – On the inner (smaller) mask, press the straight edges down 6mm. Stitch down close to the edge roughly 3mm.

Step 6 – Pin pieces with right sides facing in and sew along the top and bottom edges with a 6mm seam.

Step 7 – Turn mask right side out and press. Top stitch along the top and bottom edges roughly 3mm.

Step 8 – Press the outer layers straight edges back 1cm. Pin and stitch in place to create drawstring casing.

Step 9 – To make cord, cut a piece 4cm x 50cm. Press edges in 5mm and top stitch to secure in place.

Step 10 – Use a safety pin to thread the cord through the top ends of the casing on each side of the mask.

Step 11 – Thread the ends through the clasp and tie each end of the cord in a knot.

Step 12 – Place a filter or tissue in between the layers of your mask.

Step 13 – To wear, adjust the length of your mask using the cord toggle.

TEMPLATE

